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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

April 4, 2005

APR 13 2005

Dear Sir or Madam:

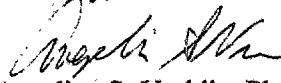
This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Protoplex® Lite supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, CVS, Dollar General, Duane Reade, Giant Eagle, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Kaiser Permanente, Life's Finest, Major, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Sam's Club, Shoprite, Sundown, Target, US Nutrition, Vibrant Health, Vitamin World, Walgreens, Walmart and WorldWide Sports:

Ingredients: Vitamin A, Vitamin C, Vitamin D, Vitamin E, Thiamin, Riboflavin, Niacin, Vitamin B-6, Folic Acid, Vitamin B-12, Biotin, Pantothenic Acid, Calcium, Iron, Phosphorus, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum, Sodium, Potassium, L-Glutamine, Citrimax®, Taurine, Choline, RNA, Vanadium, Boron

- Bioactive Support Formula,
- Designed to be used as an exercise or post-exercise drink, Protoplex® Lite offers you:
 - The preferred benefits of protein-building whey, which contains all of the essential amino acids.
 - Naturally-occurring branched chain amino acids to support a free amino acid pool during exercise.
 - Nutrients like Vitamin C, Iron, Calcium, Vitamin A, and Glutamine, the most abundant amino acid in blood and skeletal muscle.
 - A bioactive support formula with 26 grams of protein per serving – 52% of your daily value.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,


Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

ASV/mb

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